

Based on Information from the Minnesota Dept of Human Services, **Individualized home supports** are available to people who meet the following criteria:

1. Live in their own home or their family's home
(Note: The individualized home supports provider cannot have any direct or indirect financial interest in the property or housing in which services are delivered. For more information, see [CBSM – Requirements for a person's own home](#))
2. Receive services through one of the following waivers:
 - [Brain Injury \(BI\)](#)
 - [Community Access for Disability Inclusion \(CADI\)](#)
 - [Community Alternative Care \(CAC\)](#)
 - [Developmental Disabilities \(DD\)](#).

Through individualized home supports, a person must receive training and/or support, assistance and supervision in at least one of the community living service categories:

- Community participation
- Health, safety and wellness
- Household management
- Adaptive skills.

Community participation

This category may include:

- Community mobility and pedestrian safety (e.g., safely getting in and around the community)
- Community resource use and access
- Community safety and awareness
- Informal support system and network development
- Interpersonal communications skills
- Leisure, recreation and socialization planning
- Skill-building to meet transportation needs.

Health, safety and wellness

This category may include:

- Collaboration with the person to arrange health care (e.g., physical, mental, chemical), meaningful activities, social services, meetings and appointments
- Cueing, guidance, supervision, training or instructional support to complete self-cares

(Note: Cannot duplicate use of eligible MA state plan home care services; see [CBSM – Home care overview](#))

- Health services support, as defined in [Minn. Stat. §245D.05](#)

- Help for the person to activate and build resiliency factors. (e.g., [whole health action management](#))
- Support for the person to design and meet individualized strategies to reach their health, safety and wellness goals.

Household management

This category may include:

1. Cueing, guidance, supervision, training or instructional support to complete routine household care and maintenance
2. Household safety knowledge and skills
3. Tenancy support and advocacy
4. Training, assistance, support and/or guidance with:
 - Budgeting and assistance to manage money
 - Cooking, meal-planning and nutrition
 - Healthy lifestyle skills and practices
 - Household chores, including minor household maintenance activities(Note: The person is responsible for the cost of the maintenance replacement items or products)
 - Personal-needs purchasing.

Adaptive skills

This category may include:

- Crisis prevention skills
- Implementation of positive support strategies
- Problem-solving
- Sensory/motor development involved in acquiring functional skills
- Support strategies for self-sufficiency
- Support and training to increase positive behavior, resulting in reduction or elimination of challenging behavior.

Non-covered services

Individualized home supports do not cover services that:

1. Duplicate other Minnesota state plan or waiver services
 2. Primarily deliver activities of daily living (ADLs) support
- (Note: A person may also receive [personal care assistance \[PCA\] services](#) when those services are not duplicative. In this situation, the lead agency must:
- Inform the person that they have the choice of receiving PCA services from a different provider than the individualized home supports provider

- Ensure there is documentation of the person's choice of providers.)
3. Provide supervision during the person's primary sleeping hours
(Note: A person may receive support during these hours through another service, such as [night supervision services](#) or [24-hour emergency assistance](#).)
 4. Provide 24-hour on-sight supervision.
Individualized home supports with family training is not covered for families, including extended family members, that are licensed to provide [adult foster care](#), [child foster care](#), [family residential services](#) or [community residential services](#)